

Saint George Antiochian Orthodox Christian Church
1250 Oakdale Avenue, West Saint Paul, Minnesota 55118

Parish Website: <http://www.saintgeorge-church.org>

Church Phone: 651-457-0854

His Beatitude Patriarch JOHN, X
Patriarch of Antioch and all the East

Right Reverend Bishop ANTHONY

Bishop of the Diocese of Toledo and the Midwest

Right Reverend Archimandrite John Mangels, *Pastor*

Pastor's email: ajammn@aol.com

Very Reverend Archpriest Paul Hodge, *attached*

Reverend Deacon John Mikhail

Very Reverend Archpriest Thomas Begley, *retired* Reverend Father Daniel Simon, *retired*
Reader Michael Begley, *Music Director* Christina Worrall, *Church School Director*

Heath Nelson and Sophie Haddad, *SOYO Advisors*

Sunday, January 29, 2023

Sunday of the Canaanite Woman

Translation of Relics of Ignatius the God-Bearer of Antioch

Tone 8

Eothinon 11

Commemoration: New-Martyr Demetrios of Chios

THE DIVINE LITURGY OF ST. JOHN CHRYSOSTOM

RESURRECTIONAL APOLITIKION IN TONE EIGHT

From the heights Thou didst descend, O compassionate One, and Thou didst submit to the three-day burial, that Thou might deliver us from passion; Thou art our life and our Resurrection, O Lord, glory to Thee.

APOLITIKION OF ST IGNATIUS OF ANTIOCH IN TONE FOUR

By choosing the Apostles' way of life, thou hast succeeded to their throne. Inspired by God, thou didst find the way to divine contemplation through the practice of virtue. After teaching the Word of Truth without error, thou didst defend the Faith to the very shedding of thy blood, O Holy Martyr among bishops Ignatius. Entreat the Lord our God to save our souls.

Now sing the Apolytikion of St. George

KONTAKION OF THE PRESENTATION OF CHRIST IN TONE ONE

Thou, O Christ God, Who by Thy Birth, didst sanctify the Virgin's womb, and, as is meet didst bless Simeon's arms, and didst also come to save us; preserve Thy fold in wars, and confirm them whom Thou didst love, for Thou alone art the Lover of mankind.

EPISTLE:

Make your vows to the Lord your God, and perform them.

In Judah God is known; His Name is great in Israel. Ascribe to the Lord, O sons of God; ascribe to the Lord honor and glory.

The reading from the Epistle of St. Paul to the Corinthians. (6:16-7:1)

Brethren, you are the temple of the living God; as God said, "I will live in them and move among them, and I will be their God, and they shall be my people. Therefore, come out from them, and be separate from them," says the Lord, "and touch nothing unclean; then I will welcome you, and I will be a Father to you, and you shall be My sons and daughters," says the Lord Almighty. Since we have these promises, beloved, let us cleanse ourselves from every defilement of body and spirit, and make holiness perfect in the fear of God.

GOSPEL:

The Reading from the Holy Gospel according to St. Matthew. (15:21-28)

At that time, Jesus went to the district of Tyre and Sidon. And behold, a Canaanite woman from that region came out and cried, "Have mercy on me, O Lord, Son of David; my daughter is severely possessed by a demon." But He did not answer her a word. And His disciples came and begged him, saying, "Send her away, for she is crying after us." He answered, "I was sent only to the lost sheep of the house of Israel." But she came and knelt before Him, saying, "Lord, help me." And He answered, "It is not fair to take the children's bread and throw it to the dogs." She said, "Yes, Lord, yet even the dogs eat the crumbs that fall from their master's table." Then Jesus answered her, "O woman, great is your faith! Be it done for you as you desire." And her daughter was healed instantly.

HOLY BREAD

Holy bread is offered for the health and welfare of Ginny, Rhonda, Charles, Carissa, Jessica, Sandy, John, Joe, Jim, Barbie, Lisa, Lorraine, Lamese, Daniel, Zossima, Gigi, Xuan (Suann), Tien (Teann), Xulia (Suelia), Marquis, Kh. Vergin, Marie, Brigitte, Katrina, George, Joannie and all parishioners of St. George Church.

In loving memory Jerry, Barbara, Mike, Jim, Mike, Abraham Family, Fred, Fr. Duane, Marge, Joleen, Marinak, Cahill, Fr. Khoury, Zuzu, Claire, Janet, Lucien, Filip, the newly-departed James, and all departed parishioners of St. George Church. May their memory be eternal!

Coffee hour hosted by Joan and friends. Please join us for this period of fellowship.

WELCOME to all our guests and visitors. We are delighted to have you visiting and worshipping with us this morning and hope that you return soon. We invite you to participate in the Divine Liturgy, but, sadly, due to the divisions in Christianity, **only baptized/chrismated members of the Orthodox Church who have made a recent Confession before an Orthodox priest and prepared themselves by fasting may receive Holy Communion.** Please come forward after Liturgy to venerate the Cross and partake of the *Antidoron*-Holy Bread. Please **turn off your cell phones and all electronic devices.**

ANNOUNCEMENTS

PRAY FOR THE SICK

Please pray for Ilyas Haddad, Anna Windsor, Elaine Acheson, Paul Kloos, Luca Defatta, Marie Ferren, Youssef Haddad, Joe Dragich, Julie Laumer, Maria Golden, Letensie, JoAnne & Michael Droubie, Ethan Glynn, Farid Jiryis, Patricia Burbank, Yasmine Kakish, Fr. Daniel & Kh Eileen Simon, John N & John J Etoll, Mike & Jim Etoll, Camille Goll, Eleanor & Peter Hafiz, George Saba, Norman Holmes, Jeff Toby, Don Scott, Gigi Daugherty, Joe Hodge, Denise Zakula, Abigail Lotfallah, Genevieve, Mikhail, Nikolai Lehnen, Kh. Vergin Khoury, Mary & Alan Poulsen, Natalie Mozey, Eva & Mike Etoll, Barb & Dawn Tilbury, Steve Salla, Tracy L, Richard Lang, Taras Ostroushko, Micaela Palumbo, Dan Flies.

If you are ill or having surgery and wish to be remembered in the Liturgy and daily prayers of the priest, please contact Fr. Mangels.

Please **contact Brigitte Khoury** if you would like to have someone placed on the Prayer List at (bgkstgeorge@gmail.com).

BULLETIN & NEWSLETTER ANNOUNCEMENT PROCEDURE

ANY announcement in the weekly bulletin and Newsletter is subject to approval by Fr. Mangels/and the Council. **It is important to notify Brigitte by e-mail (bgkstgeorge@gmail.com) or phone with all your bulletin information by NOON Wednesday of the week before and if you offer the Holy Bread in order to print the bulletin in a timely manner. **March Newsletter deadline is February 16th**. For Holy Bread scheduling contact Joan Alevizos 651-453-1894. If you would like to host **Coffee Hour**, please let Sanaa Jubran know at (sanajubran@gmail.com or 651-245-7173). *This is a "coffee hour" not a 4-course luncheon or buffet. The food is donated, please be thankful for whatever is served! Please clean up after yourselves after coffee hour!***

It is completely proper to offer more than one memorial or to share the Holy Bread on the same Sunday.

HOLY BREAD LIST		COFFEE HOUR
Feb. 1,	Presentation Liturgy memorial	Percy
Feb. 5, Pat P.		
Feb. 12,		
Feb. 19,		
Feb. 26, Dahmah/Dahmeh		Same

THIS WEEK AT ST. GEORGE

Wednesday, February 1, Evening Divine Liturgy for the Presentation of our Lord, 6:30pm

Saturday, Feb. 4, Vespers at 5:00pm https://youtu.be/EFVb20u_Wq8

Sunday, Feb. 5, Matins & Divine Liturgy at 9:00am, <https://youtu.be/GRSFLaD1sOw>

CONDOLENCES

Our heartfelt sympathy and condolences to the Awada family on the passing of their brother, father, grandfather, CDR. USN, RET. James G. Awada on Sunday, Jan. 22, 2023. The Wake will be on Friday, Feb. 3, from 4:00-7:00pm with the Trisagion at 7:00pm. The Funeral Service will be on Saturday, Feb. 4 at 11:00am followed by the burial and Mercy Meal. May his Memory be Eternal!

THE FEAST OF THE PRESENTATION OF OUR LORD

The Feast of the Presentation of Our Lord in the Temple will be celebrated with Evening Divine Liturgy on Wednesday, February 1 at 6:30pm.

HOLY SYNOD TO CONVENE FEB. 22 TO ELECT NEXT METROPOLITAN

Under the presidency of His Beatitude Patriarch John X of Antioch and All the East, the Holy Synod of Antioch will convene on February 22 to elect the next Metropolitan of the Antiochian Orthodox Christian archdiocese of North America.

In their session in Balamand, Lebanon, the Holy Fathers will consider the three nominees submitted by His Eminence Metropolitan Antonios, Patriarchal Vicar, and the clergy and laity of the Special Convention of the Archdiocese on January 13.

The nominees, in alphabetical order by first name, are:

His Grace Bishop John Abdalah

His Grace Bishop Nicholas Ozone

His Eminence Metropolitan Saba Isper

Please pray that the Holy Spirit will bless the Holy Synod's deliberations and grace the next Metropolitan to lead the Archdiocese in wisdom and holiness.

2023 CHURCH CALENDARS ARE AVAILABLE

The 2023 Calendars are available. Thank you to Icon Art Studios and Deb Korluka for helping to sponsor these beautiful calendars. Please pick up yours today right outside of the Church door.

MEN'S CLUB "SUPER BOWL TIME"

The St. George Men's Club is again hosting this year's "Super Bowl" party. It will be held in the church social hall, starting at 4pm, Sunday, February 12th. Kick off time is at 5:30 pm, central time. This is a family friendly event open to "all parishioners of St. George". There's NO CHARGE, just bring a dish to share, chips, chicken wings, veggies.

As always at this year's party, we will be collecting non-perishable food items for a local food-shelf. So, please bring an item of non-perishable foods. More details will follow.

Please mark your calendars and we will see you at the party. George Khoury

AOWNA

The Ladies will meet on Thursday, February 16 starting with a Pot Luck meal at 5:30pm followed by the meeting at 6:00pm. All Ladies of the Parish are invited for food and fellowship.

FESTIVAL NEWS

Friends, fellow parishioners of St. George, and to any and all who are interested in joining the **planning committee** for the return of the St. George Festival, we request that you attend the initial FESTIVAL MEETING ON SUNDAY FEBRUARY 19 AT NOON in the conference room. At this meeting the co-chairs will be introduced and lay out their vision and potential plan for the festival. There are many categories that still need leaders so if you have any interest in joining the leadership team, please attend. Ideas will be exchanged during the meeting with the emphasis being less work and more fun for everyone involved. It took tremendous leadership, unwavering dedication, and much work in festivals past to lay the groundwork and blueprints that are second to none. Our goal and hope is to continue the great leadership shown and to put on another successful festival.

CRY-ROOM IMPROVEMENT PROJECT COMING IN 2023-STAY TUNED

Hello parents of young children! We are finally planning a much-needed update of the St. George cry-room in 2023. Please contact Jennifer Buddensiek at (651) 295-7335 or jnbuddensiek@gmail.com with any questions or suggestions. Also, watch your email for a brief survey to be coming your way soon. Any and all input is welcome. We hope to make this a more pleasant and functional space for families with little ones!

NEIGHBORS FOOD SHELF UPDATES

We have a variety of volunteer opportunities available in all departments of Neighbors: Clothes Closet Thrift Store (all positions), Special Events, Holiday Gift Program, Donation Pick-up Drivers Apply today at: neighborsmn.org/volunteer As always, your volunteer time, cash, food and clothing donations are greatly appreciated!

FOCUS

Clothes Closet - Thank you for all of the generous clothing donations over the past several months. We and our clients appreciate this abundance so very much. We are now so well supplied that, effective immediately, **we will no longer be taking clothing donations until April 1**. Two exceptions to this request are mens coats and boots. We are essentially out of these items. Also we will continue to gratefully accept nonperishable food items. The demand for food continues to increase.

Think About It: We make a living by what we get; we make a life by what we give. *Winston Churchill*

AN EASY WAY TO MAKE YOUR TITHES AND OFFERINGS

Venmo your contribution to [@stgeorgeaoc](#) or see Financial Secretary Connor Bailey to set up automatic withdrawals from your bank account.

2023 BUILDING PROJECT - Capital Campaign

At our annual meeting on 10/16/22, the parish voted to proceed with the St. George building project for the Apse, Sacristy and Sanctuary. With that, we have officially kicked off the St. George Capital Campaign for this project, which will run from mid-November to early January! If you haven't already, you should be receiving information about the project, as well as a pledge card in the mail. If you are not on the St. George mailing list, there are additional copies in the hall, as well as information about the project.

2023 Capital Campaign — Jan 15th Update - Capital Campaign

Thank you for submitting your pledge cards for the 2023 Capital Campaign! The generosity of the parish is a blessing. The parish council will be reviewing the information over the coming weeks. There are still some outstanding discussions to be had and then an update will be provided on the project. If you haven't had a chance to return your pledge card yet, it is not too late. Feel free to drop it in the collection plate or send in the mail to St. George.

ICON ART STUDIOS 2023 WINTER SCHEDULE

- Session 2- Protection of the Theotokos at St. George Greek on Summit (including zoom) Tuesdays, February 7, 21, 28, and March 7 from 6-9pm (Tuition \$145.00) Please contact akorluka@aol.com or arsenault@gmail.com for registration.

- Session 3- Mother of God of Sorrows at the Basilica of St. Mary (MPLS) Saturdays, March 4, 11, 18 and 25 from 9am-pm (Tuition \$145.00) Please contact akorluka@aol.com or kdhaemers@.ary.org for registration.

Materials available at Wet Paint. More information to follow! Looking forward to seeing you!

Only God the Father is the origin of our spiritual self- it is Him we are to bow down to. Iconography is not material matter but matter restored.

WISDOM FROM THE CHURCH FATHERS: If you are continually passing over today while waiting for tomorrow, by your little procrastinations you will be robbed by the Evil One, as is his manner. Give me, he says, the present, and to God the future; give me your youth, and to God old age; give me pleasures, and to God uselessness. How great is the danger that surrounds you! How many are the unexpected misfortunes. ***St. Gregory the Theologian***

ANNUAL HOUSE BLESSINGS

Following the Feast of Theophany (Epiphany) on January 6, the blessing given to water is carried to the homes of the faithful. By His baptism in the Jordan, Christ touched our lives and our whole world, and revealed His loving desire to make all things holy. At His baptism, the Holy Trinity was revealed to mankind – the Father spoke, the Son was made known, and the Spirit descended in the form of a dove, a sign of peace and forgiveness to all people. This is the blessing that is carried to our homes, a sign that our lives are precious to the Lord, that we are immersed in His love, and that the whole world is now filled with His love.

Schedule the service when all the members of the household are together and when no one feels rushed. If you do not have an icon corner on an eastern wall of your home, make one on a convenient table.

Please call, text or email Father John to schedule your house blessing. As this can be a tricky time of year for weather, Father blesses homes throughout the year. You do not have to plan an elaborate meal. Father is happy to have a cup of coffee with you and visit with you and your family.

A PERSONAL "THANK YOU"

Dear Parishioners and friends,

I want to take this opportunity to thank all of you for the kind gifts and cards at Christmas. I so appreciate your thoughtfulness and care. Sometimes the job of a priest can be a lonely one. It is the kindness of our parishioners and their prayers that spurs us on and encourages us in our service to the people of God.

I ask God to richly bless you and your families, not only at this holy Season, but throughout the New Year. Know that you remain in my prayers!

Sincerely in Christ,

Right Reverend Archimandrite John Tzangels

PAN ORTHODOX DANCE

Hello Orthodox Churches of Minnesota!

I am excited to announce the 2023 Pan-Orthodox Dance!

This dance is an event for EVERYONE! Bring your whole family! Parents, kids, and grandparents are all welcome to participate in the different cultural dances of the Orthodox faith.

The Pan-O dance will be held Saturday, **February 18th at 6pm** in the Great Hall of St. Mary's Greek Orthodox Church. For food there will be a potluck, so please bring a dish and/or dessert to share!

If you have any questions, please contact, Francine Perry: fsperry1@comcast.net
I look forward to seeing you all there! Francine

WISDOM FROM THE CHURCH FATHERS: If we abandon our own desires and opinions, and endeavor to fulfill God's wishes and understanding, we will save ourselves, no matter what our position, no matter what our circumstance. But if we cling to our own desires and opinions, neither position nor circumstance will be of help. Even in Paradise Eve transgressed God's commandment, and life with the Savior Himself brought Judas no good. As we read in the Holy Gospels, we require patience and an inclination to pious living. ***St. Ambrose of Optina***

The Sunday of the Canaanite Woman

IN MATTHEW 15:21–28, Jesus encounters a Canaanite (Syrophenician) woman who begs Him to cure her daughter. Jesus initially refuses her request by saying, “It is not right to take the children’s bread and toss it to the dogs” (Matthew 15:26). Taken out of context, and especially in English, it’s easy to mistake this for an insult. In the flow of the story, however, it’s clear Jesus is creating a metaphor meant to explain the priorities of His ministry. He is also teaching an important lesson to His disciples.

Jews in Jesus’ day sometimes referred to Gentiles as “dogs.” In Greek, this word is *kuon*, meaning “wild cur” (Matthew 7:6; Luke 16:21; Philippians 3:2). Non-Jews were considered so unspiritual that even being in their presence could make a person ceremonially unclean (John 18:28). Much of Jesus’ ministry, however, involved turning expectations and prejudices on their heads (Matthew 11:19; John 4:9–10).

According to Matthew’s narrative, Jesus left Israel and went into Tyre and Sidon, which was Gentile territory (Matthew 15:21). When the Canaanite woman approached and repeatedly asked for healing, the disciples were annoyed and asked Jesus to send her away (Matthew 15:23).

At this point, Jesus explained His current ministry in a way that both the woman and the watching disciples could understand. At that time, His duty was to the people of Israel, not to the Gentiles (Matthew 15:24). Recklessly taking His attention from Israel, in violation of His mission, would be like a father taking food from his children in order to throw it to their pets (Matthew 15:26).

The exact word Jesus used here, in Greek, was *kunarion*, meaning “small dog” or “pet dog.” This is a completely different word from the term *kuon*, used to refer to unspiritual people or to an “unclean” animal.

Jesus frequently tested people to prove their intentions, often through response questions or challenges (see John 4:16–18; and 4:50–53). His response to the Canaanite woman is similar. In testing her, Jesus declined her request and explained that she had no legitimate expectation of His help.

The woman, however, lived out the principle Jesus Himself taught in the parable of the persistent widow (Luke 18:1–8). Her response proved that she understood fully what Jesus was saying, yet had enough conviction to ask anyway (Matthew 15:27). Jesus acknowledged her faith—calling it “great”—and granted her request (Matthew 15:28).

So, according to both the context and language involved, Jesus wasn’t referring to the Canaanite woman as a “dog,” either directly or indirectly. He wasn’t using an epithet or racial slur but making a point about the priorities He’d been given by God. He was also testing the faith of the woman and teaching an important lesson to His disciples.

Source: Metropolis of Zambia



Sunday, January 29, 2023

Sunday of the Canaanite Woman

Translation of Relics of Ignatius the God-Bearer of Antioch