

Saint George Antiochian Orthodox Christian Church

1250 Oakdale Avenue, West Saint Paul, Minnesota 55118

Parish Website: <http://www.saintgeorge-church.org>
Church Phone: 651-457-0854

The Most Reverend Metropolitan JOSEPH, *Archbishop of New York,
Metropolitan of all North America*
Right Reverend Bishop ANTHONY, *Auxiliary Bishop,
Diocese of Toledo and the Midwest*

Right Reverend Archimandrite John Mangels, *Pastor*
Reverend Father John Chagnon, *attached* Very Reverend Archpriest Paul Hodge, *attached*
Reverend Deacon John Mikhail, *attached*
Very Reverend Archpriest Thomas Begley, *retired* Rt. Reverend Archimandrite Duane Pederson, *retired*
Reverend Father Daniel Simon, *retired*
Pastor's email: ajammmn@aol.com Pastor's Cell: 303-520-0981

Sunday, July 26, 2020

The Holy Righteous Martyr Paraskeva of Rome & Seventh Sunday of Matthew

Tone 6

Eothinon 7

Commemorations: Hieromartyrs Hermolaus, Hermippus, and Hermocrates of Nicomedia; Venerable Gerontios, first settler of St. Anne skete on Athos; Moses the Hungarian; Sabbas III, archbishop of Serbia; Priest Jacob Netsvetov, enlightener of the peoples of Alaska

THE DIVINE LITURGY OF ST. JOHN CHRYSOSTOM

RESURRECTIONAL APOLYTIKION IN TONE SIX

When Mary stood at Thy grave, looking for Thy sacred body, angelic powers shone above Thy revered tomb; and the soldiers who were to keep guard became as dead men. Thou led Hades captive and wast not tempted thereby. Thou didst meet the Virgin and didst give life to the world, O Thou, Who art risen from the dead, O Lord, glory to Thee.

Now sing the apolytikion of the patron saint.

APOLYTIKION OF ST PARASKEVA IN TONE ONE

Showing a diligence befitting thy calling, O namesake of preparedness, thou hast gained, as thy dwelling, a faith worthy of thy name, O prize-winning Paraskeva. Hence, thou pourest forth healings and intercedest for our souls.

KONTAKION IN TONE TWO

O protection of Christians that cannot be put to shame, mediation unto the Creator most constant, O despise not the suppliant voices of those who have sinned; but be thou quick, O good one, to come unto our aid, who in faith cry unto thee: Hasten to intercession, and speed thou to make supplication, thou who dost ever protect, O Theotokos, them that honor thee.

EPISTLE:

God is wonderful among His saints.
Bless God in the congregations.

The Reading from the Epistle of St. Paul to the Galatians. (3:23-4:5)

Brethren, before faith came, we were confined under the Law, kept under restraint until faith should be revealed. So that the Law was our custodian until Christ came, that we might be justified by faith. But now that faith has come, we are no longer under a custodian; for in Christ Jesus you are all sons of God, through faith. For as many of you as were baptized into Christ have put on Christ. There is neither Jew nor Greek, there is neither slave nor free, there is neither male nor female; for you are all one in Christ Jesus. And if you are Christ's, then you are Abraham's offspring, heirs according to promise.

I mean that the heir, as long as he is a child, is no better than a slave, though he is the owner of all the estate; but he is under guardians and trustees until the date set by the father. So with us; when we were children, we were slaves to the elemental spirits of the universe. But when the time had fully come, God sent forth His Son, to redeem those who were under the Law, so that we might receive adoption as sons.

GOSPEL:

The Reading from the Holy Gospel according to St. Matthew. (9:27-35)

At that time, as Jesus passed on from there, two blind men followed him, crying aloud: "Have mercy on us, Son of David." When He entered the house, the blind men came to Him; and Jesus said to them, "Do you believe that I am able to do this?" They said to Him, "Yes, Lord." Then He touched their eyes, saying, "According to your faith be it done to you." And their eyes were opened. And Jesus sternly charged them, "See that no one knows it." But they went away and spread His fame through all that district.

As they were going away, behold, a dumb demoniac was brought to Him. And when the demon had been cast out, the dumb man spoke; and the crowds marveled, saying, "Never was anything like this seen in Israel." But the Pharisees said, "He casts out demons by the prince of demons."

And Jesus went about all the cities and villages, teaching in their synagogues and preaching the gospel of the kingdom, and healing every disease and every infirmity.

HOLY BREAD

Holy Bread is offered for the health and welfare of James, Melissa, Christina, Dan, Joseph, Beverly, and members of Teen SOYO, their families, the victims of COVID-19, their families and all members of St. George parish.

In loving memory of Mary, Victor, James, Mae, Mavis, and John, all the victims of the COVID-19 and all deceased members of St. George.

WELCOME to all our guests and visitors. We are delighted to have you visiting and worshipping with us this morning and hope that you return soon. We invite you to participate in the Divine Liturgy, but, sadly, due to the divisions in Christianity, **only baptized/christmated members of the Orthodox Church who have made their Confession before an Orthodox priest and prepared themselves by fasting may receive Holy Communion.** Please come forward after Liturgy to venerate the Cross and partake of the *Antidoron*-Holy Bread. Please **turn off your cell phones and all electronic devices.**

ANNOUNCEMENTS

PRAY FOR THE SICK

Please pray for Sub-deacon Joe Khoury, Tyler Anderson, Anna Simon, Raed Kakish, Ranya Phelps, Mary Rudquist, Sarah Vanlerberghe, Laretta Villareal, Genevieve Lehnen, Jim Etoll, Mike Etoll, Deanna Scharf, Dwight Johnson, George & Ellie Saba, Anna Windsor, Peter Hafiz, Nicholas Peter Andrews, Fr. Duane, John and John Etoll, Wally & Maria, Allen, Nick, Jackson & Hunter Golden, Yasmin Kakish, Carol Haddad, Camille Goll, Kh. Vergin Khoury, Margaret Boalbey, Norm Holmes, Phyllis Hodge, Joe Etoll, Lamese McDowell, Edgard Siouffy, Berhane Haliemichael, Fr. Dan & Eileen Simon, Joseph Kammeyer, Deb Korluka, Alexander Emmanoulakis, Marilyn Perry, Nancy Maker, Mike & Sandy Brown, Natalie Mozey, Sarah Vanlerberghe, Alan, Mary Poulsen, Mervat and Abigail Lotfalla & Samira Shehata.

If you are ill or having surgery and wish to be remembered in the Liturgy and daily prayers of the priest, please contact Fr. Mangels.

BULLETIN & NEWSLETTER ANNOUNCEMENT PROCEDURE

ANY announcement in the weekly bulletin and Newsletter is subject to approval by Fr. Mangels/and the Council. **It is important to notify Brigitte by e-mail (bgkstgeorge@gmail.com) or phone with all your bulletin information by NOON Wednesday of the week before your coffee hour, in order to print the bulletin in a timely manner.**

HOLY BREAD LIST	COFFEE HOUR LIST
July 26, Jim Zaine Family	
Aug 02, Assaad & Norma Haddad	
Aug 05, Alice Woog	Transfiguration
Aug 09, Joe & Bev Zaine	

To schedule Holy Bread and/or a memorial, contact Joannie Alevizos. It is completely proper to observe more than one memorial or Holy Bread on the same Sunday. *When signing up for Holy Bread, please indicate "yes" or "no" if you will also be providing coffee hour.*

Coffee hour does not need to be an elaborate meal. If you have any questions, call Sanaa Jubran.

HOLY BREAD

As you know, the offering of the Holy Bread is a beautiful way to participate even more fully in the Divine Liturgy. This is especially true when it is the work of your own hands. Even though we are not fully present in the Church yet, we are still in need of the Bread which becomes the Body of Christ in the Liturgy. Think about taking a Sunday or weekday and making the Holy Bread. **UNTIL THE KITCHEN IS REOPENED, PLEASE MAKE THE BREAD AT HOME.** Joanie Alevizos is the coordinator for this ministry, **please contact her (651-453-1894)** if you would like to offer the bread for your intentions.

THIS WEEK AT ST. GEORGE

UPCOMING SERVICES

- Saturday, August 1, Great Vespers at 5:00pm

UPDATED ANNOUNCEMENT CONCERNING CHURCH SERVICES, ETC.

Governor Waltz has issued a new Emergency Executive Order regarding the use of face masks in Church. From now until we hear otherwise, Face Masks shall be used in Church. Please refer to the Update, I sent out on Friday, July 24 for more information.

With the new directives from Metropolitan Joseph and the Emergency Executive Order 20-62 of Governor Waltz, we have been allowed to increase the number of people attending Divine Services to 25% of capacity with people **practicing social distancing!** Please go online to <https://www.sig-nupgenius.com/go/30E0444A8AC23ABF85-stgeorge> to sign up for the Services. We have 50 slots available for each Service. **PLEASE DO NOT SIGN UP FOR TWO SUNDAYS IN A ROW.** We must let people come back to the Church. Look on the signup sheet **early on Sunday morning** and if there is room, then you can sign up again. The Services continue to be available via **Livestreaming** on YouTube thanks to the efforts of Heath Nelson, Mike Varian and James Baker!

We have been given the permission to distribute Holy Communion and hear Confessions **by appointment.** Those who might be afraid to come back to Church in a larger setting can sign up to receive Holy Communion after all Services. We hope soon to be able to start doing more things at Church but until we hear differently **we are still not having meetings or using the facilities for any reason.** Try to do everything from home, by phone or email. If you have any questions, concerns, or needs, please contact Father John Mangels at 303-520-0981 or ajamnn@aol.com.

Wisdom from the Church Fathers: Jesus said, "Seek first the Kingdom of God and His righteousness, and all these things shall be added to you" (Mt. 6:33). Parents must remember and practice this for generally children acquire the character of their parents, are formed and molded by their temperament, love what they love, talk the way they talk, and work the way they work. If we order our lives with God first, diligently studying the Scriptures, we will find lessons to guide us in everything we and our children need. *St. John Chrysostom* (+408)

MANY THANKS!

I want to take this opportunity to thank all of you for the kind attention during my recent illness. SO many of you contacted me by email, text and phone. While the coughing has been the hardest thing to endure, I believe I got back to everyone by text or email. The many meals and other kindnesses you have shown me have moved me greatly. Know that you are all in my thoughts and prayers! Blessings! Fr. John Mangels

Think About It: "It is not possible to turn Earth into paradise; [but] we must prevent it from turning into hell." + Pavle, Orthodox Patriarch of Serbia

VIRTUAL CAMP

It is our great pleasure to start the rollout of the St. Mary's Camp Program for 2020. As we will be unable to attend in person this year, we are putting together a virtual program that will run from **June 28- August 8th.** Camp this year will include a variety of events handled through a few different platforms. We will have activities that can be done at home on your own, events such as sermons that can be livestreamed or watched at your convenience either on your own or with your whole family and interactive opportunities with your cabin-mates playing games, having discussions and just getting to bond together.

It is FREE - there are no charges to participate. This makes it a great opportunity to not only get as much participation as possible from our wonderful returning campers but also a chance to pull in others within our church communities and introduce them to Summer Camp. Interactive events with specific age groups/ cabins will be done through ZOOM. In order to help us plan for camper numbers, we are **asking you to REGISTER.** This process will take approximately 30 seconds. Registration can be done at any time however, to get the Zoom links, updates, reminders etc. you will need to be registered. Please do not wait until the last minute to register to give us time to send the link(s) out to you.

All activities as well as the link for registration will be found at <https://stmaryscamp.com/summer-camp/virtual-camp-2020/> We are still scheduling our specific events with our staff and clergy so the dates have not been set quite yet but all information will be rolled out on our website.

We look forward to another fun camp year with you!

St. Mary's Camp Task Force

CHURCH SUPPORT DURING THIS TIME

Thank you so much for your continued support of your parish during this time! We are very much aware of what a hardship this crisis is putting on people throughout the country. If you are able, please continue to financially support your Church during this time. Your weekly/monthly contribution can be mailed to the Church so that we can keep up with our commitments. Many, many thanks!

The Parish Council has approved numerous ways to donate to St. George.

1. Venmo is a free secure app that can be downloaded and installed on a mobile phone. Donors that install the Venmo app can directly transfer money from their bank account to St. George's Old National Bank account with no fees incurred. However, if a credit card transaction is used by the donor, the donor will incur a 3% fee. **Venmo** your donation to **@stgeorgeaoc**. The church is automatically emailed a notification of your donation.
2. From your online bank account, do an External Transfer directly to the church's Old National Bank account. Info you will need: Routing Number **086300012** Account Number **322042** Please send an email to stewardshipstgeorge@gmail.com so that our **Financial Secretary can properly record your donation.**
3. From your online bank account, schedule Bill Pay and a paper check will be written to the church.
4. A paper check can be written and mailed to the church.
5. When you come to Church, the collection tray will not be passed. Please leave your offering in the plate on the Candle Table before or after Services.

Think About It: Silence of lips is better and more wonderful than any edifying conversation. Strive to acquire humility and submissiveness. Never insist that anything should be according to your will, for this gives birth to anger. Do not judge or humiliate anyone, for this gives birth to anger. Do not judge or humiliate anyone, for this exhausts the heart and blinds the mind, and thereon leads to negligence and makes the heart unfeeling. *St. Barsanuphius and St. John*

FOCUS MN

Check out the **FOCUS website** focusmn.weebly.com or contact either Vera (651-324-2705) or Judy (612-490-8611) to see what their needs are.

Stay tuned for updates. A million thanks to each of you for your prayers and help in getting the word out about FOCUS. You are essential to our work to help the poor.

NEIGHBORS, INC

“For I was hungry and you gave me something to eat, I was thirsty and you gave me to drink, I was a stranger and you invited me in” Matthew 25:35 Due to the Coronavirus only MONEY donations are accepted. Please give your donation to George Droubie or Michelle Apman for Neighbors. **The smallest thing you do can make the biggest difference!**

HELP FOR THOSE IN NEED

If anyone, particularly our older or shut-in parishioners needs help with anything, please call either Fr. John or George/Brigitte Khoury. We have a number of parishioners who are willing to help with bringing food or supplies to you. It is important that we follow the guidelines that have been given us but in an emergency or time of need, don't hesitate to call!

THE CHURCH FATHERS SPEAK: The sinful soul which does not know the Lord fears death, thinking that the Lord will not forgive his/her sins. But this is because the soul does not know the Lord and how greatly He loves us. But if people knew this, then no man would despair, for the Lord not only forgives but rejoices exceedingly at the return of a sinner. Though you be at death's door, believe firmly that the moment you ask, you will receive forgiveness. *St. Silouan the Athonite* (+1938)

PATRISTIC WISDOM: Pray night and day. Pray when you are happy, and pray when you are sad. Pray with fear and trembling, and with a watchful and vigilant mind, that your prayer might be acceptable to the Lord; for as the Scripture says, “The eyes of the Lord are on the righteous, and His ears are open to their appeal.” (Psalm 34:15) *St. Theodoros the Ascetic* (+861)

PRAYER IN TIME OF PANDEMIC

Lord, our God, Who are rich in mercy, and with your wise providence govern our life, hear our prayer, receive our repentance for our sins, stop the new epidemic, as You once ceased the punishment of Your people in the time of King David.

You, Who are the Physician of our souls and bodies, grant recovery to the sick, raising them hastily from the bed of suffering so that they may glorify You, our Merciful Saviour, and protect the healthy ones from any disease.

Bless, O Lord, strengthen and protect with Your grace all those who with philanthropy and sacrifice take care of the sick at their homes or in hospitals.

Remove all disease and suffering from among the people and teach us to value life and health as Your gifts.

Give us, o God, Your peace and fill our hearts with steadfast faith in Your protection, with hope in Your support and with love for You and our neighbour.

For it is Yours to have mercy on us and save us, our God, and to You we give glory: to the Father and to the Son and to the Holy Spirit, now and ever and unto the ages of ages. Amen.

THE CHURCH FATHERS SPEAK: If we want to ask a favor of any person in power, we approach with humility and respect. How much more ought we to address ourselves to the Lord and God of all things with a humble and deep devotion? God will hear our prayers not if it has many words but if our heart is pure and our soul is penitent. *St. Benedict of Nursia* (+547)

