

# Saint George Antiochian Orthodox Christian Church

1250 Oakdale Avenue

West Saint Paul, Minnesota 55118

Parish Website: <http://www.saintgeorge-church.org>  
Very Reverend Archpriest Thomas Begley, *Pastor*  
*Right Reverend Archimandrite Duane Pederson, Attached*  
*Reverend Priest John Chagnon, Attached*  
*V. Rev. Archpriest Paul Hodge, Assisting Priest*  
*Reverend Deacon John Mikhail, Assisting Deacon*  
*Reader Leonard Soroka, Director of Music*

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Church Phone: 651-457-0854

Pastor's Phone: 651-882-7809

Cell: 612-723-0681

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April 3, 2016

THIRD SUNDAY OF GREAT LENT

VENERATION OF THE PRECIOUS AND LIFE-GIVING CROSS

TONE: 3

EOTHINON: 11

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*Commemorations: Abbot Nikitas the Confessor of Medikion; Venerable Joseph the Hymnographer; New-martyr Paul the Russian*

## LITURGY OF ST. BASIL THE GREAT

### RESURRECTIONAL APOLYTIKION IN TONE THREE

Let the heavens rejoice and the earth be glad, for the Lord hath done a mighty act with His own arm. He hath trampled down death by death, and become the first-born from the dead. He hath delivered us from the depths of Hades, granting the world the Great Mercy.

### APOLYTIKION FOR THE HOLY CROSS IN TONE ONE

O Lord, save Thy people and bless Thine inheritance, granting to Thy people victory over all their enemies, and by the power of Thy Cross preserving Thy commonwealth.

*We sing the apolytikion of St. George our patron saint.*

### KONTAKION FOR THE ANNUNCIATION (AND GREAT LENT) IN TONE EIGHT

To thee, the Champion Leader, do I offer thanks of victory, O Theotokos, thou who hast delivered me from terror; but as thou that hast that power invincible, O Theotokos, thou alone can set me free: from all forms of danger free me and deliver me, that I may cry unto thee: Hail, O Bride without Bridegroom.

### EPISTLE:

*You Lord, save your people and bless your inheritance.*

*To You, O Lord, have I cried, O my God.*

### The Reading from the Epistle of St. Paul to the Hebrews (4:14-5:6)

**B**rethren, since we have a High Priest, Who has passed through the heavens, Jesus, the Son of God, let us hold fast our confession. For we have not a high priest who is unable to sympathize with our weaknesses, but One Who in every respect has been tempted as we are, yet without sin. Let us then with confidence draw near to the throne of grace, that we may receive mercy and find grace to help in time of need. For every high priest chosen from among men is appointed to act on behalf of men in relation to God, to offer gifts and sacrifices for sins. He can deal gently with the ignorant and wayward, since he himself is beset with weakness. Because of this he is bound to offer sacrifice for his own sins as well as for those of the people. And one does not take the honor upon himself, but he is called by God, just as Aaron was. So also Christ did not exalt Himself to be made a high priest, but was appointed by Him Who said to Him, "Thou art My Son, today I have begotten Thee"; as He says also in another place, "Thou art a priest forever, after the order of Melchizedek."

### GOSPEL: The Reading from the Holy Gospel according to St. Mark (8:34-9:1)

**T**he Lord said, "If any man would come after Me, let him deny himself and take up his cross and follow Me. For whoever would save his life will lose it; and whoever loses his life for My sake and the Gospel's will save it. For what does it profit a man, to gain the whole world and forfeit his soul? For what can a man give in return for his soul? For whoever is ashamed of Me and My words in this adulterous and sinful generation, of him will the Son of man also be ashamed, when He comes in the glory of His Father with the holy angels." And Jesus said to them, "Truly, I say to you, there are some standing here who will not taste death before they see the Kingdom of God come with power."

### HOLY BREAD

Holy bread is offered for the health, welfare and blessing for - Joe, Debby, Mike, Eva, Nancy, Fred, Matthew, Magdalen, Dyana, Scott, Jordyn, & Jacob and all the members of the Malmstrom, Poulsen, Etoll, Toenniges, Ng, Brynjulfson, & Mozey families and in loving memory of David Etoll, David Ng, Rev. Ed and Vicie Day, Nagib and Marie Etoll, Christian Toenniges, Dorcas

Pearcy, Ada, Arthur, Evelyn, Helen, Jillayn & all the departed Malmstrom, Poulsen, & Mozey family members, their extended families & our departed friends.

### **COFFEE HOUR**

Coffee hour will be postponed due to the construction in the hall. Sorry for any inconvenience!

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**WELCOME** to all our guests and visitors. We are delighted to have you visiting and worshipping with us this morning and hope that you return soon. We invite you to participate in the Divine Liturgy, but, sadly, due to the divisions in Christianity, **only baptized/chrismated members of the Orthodox Church who have made their Confession before an Orthodox priest and prepared themselves by fasting may receive Holy Communion.** Please come forward after Liturgy to venerate the Cross and partake of the *Antidoron*-Holy Bread. Please join us in the Parish Hall for Coffee Hour after the Liturgy. Also, please **turn off your cell phones and all electronic devices.**

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### **PRAY FOR THE SICK**

Please pray for Jim Etoll, Wally & Maria Golden, Allen & Nick Golden, John Etoll, Yasmin Kakish, Carol Haddad, Betty Ablan, Ted & Camille Goll, Kh. Vergin Khoury, Erma Ziton, Jackson & Hunter Golden, Mavis Aussey, Margaret Boalbey, Norm & Gracie Holmes, Phyllis Hodge, Sarah Vanlerberghe, Kh. Vera Proctor, Kh. Amy Hodge, Ellie Brynjulfson, Edgard Siouffy, Magdalen Ng, Berhane Haliemichael, Rosa Neimy, Sandi Heuer, Andree White, George & Ellie Saba, Mitch, Joe & Beverly Zaine, Rosina Schwager, Alexander, Fr. Dan & Eileen Simon, Gideon, Lamese McDowell, Delores Trisko, Carol Mihalchick and Mike Etoll.

If you are ill and wish to be remembered in the Liturgy and daily prayers of the priest, please contact Fr. Tom.

### **THIS WEEK**

#### **MEOCCA LENTEN VESPERS**

MEOCCA Lenten Vespers today will be at St. Mary Romanian Orthodox Church, 189 Atwater St., W., St. Paul, MN, at 4:00 P.M. A Lenten meal will follow the service. Please plan to worship with our Orthodox brothers and sisters.

#### **CHOIR**

Choir rehearsal every Sunday following Divine Liturgy.

#### **PRESANCTIFIED LITURGY**

The Presanctified Liturgy will be served Wednesday, April 6, at 6:30 P.M.

#### **Antiochian Women Meeting**

The next meeting will be held on April 7, at Angelo's Pizza. Dinner at 6:00pm meeting to follow at 6:30pm. Cost is \$6 for a delicious Lenten meal.

#### **AKATHIST**

The Akathist service will be Friday, April 8, at 7:00 P.M.

#### **PAN-ORTHODOX TEA**

The Pan-Orthodox Lenten Tea will be held Sat., April 9, 2016 from 2:00 pm to 4:30 pm at Holy Trinity Church (956 Forest St., St Paul). The topic will be Prison Ministry. Our guest speaker is Sandra Anderson. Please come for this wonderful fellowship.

#### **VESPERS**

We will serve Vespers Saturday, April 9, at 5:00 P.M.

### **ANNOUNCEMENTS**

#### **FASTING RULES FOR GREAT LENT**

The traditional fasting discipline (no meat, poultry, eggs, dairy, fish, wine and olive oil) is observed Monday through Friday with wine and olive oil permitted on Saturdays and Sundays.

#### **Antiochian Women NAB Project**

The NAB Project for the month of March is to Feed the Hungry in the US and Abroad. To donate, please write check to Antiochian Women NAB project. Any questions, see Deb Etoll or Sue Perry. We used to call it the Coffee Cup Collection.

#### **NEIGHBORS, INC FOOD SHELVES**

“A new command I give you: Love one another. As I have loved you, so you must love one another.” John 13:34

It's not too late – there's still time to donate! Still have food or funds you would like to give to Neighbors? Our drive isn't over yet! Your donation will not only help people in our community put food on the table now, but donations made during this campaign impact the amount of Minnesota Food Share funding Neighbor's receives later in the year. So now is the time to donate! Please give cash or checks made payable to Neighbor's Inc. to George Droubie or Michelle Apman. Thank you!

#### **FOCUS**

**It's More Than A Free Dinner Once a Week** - FOCUS MN is Free Meals AND also Food Shelf, Clothes Closet, and is building a Mobile Clinic!. The Orthodox Community is working miracles! Please help out by bringing Shampoo, Toothpaste/Toothbrushes, Aluminum Foil, Baggies - various sizes, Paper Towels, Coffee, Tuna, Spaghetti, Sauce, Cereal, Clothing, Men's Shoes or giving of your time or money. For more info, go to <http://areyouinfocus.weebly.com/> or contact our FOCUS liaisons Pat Percy, Sue Perry or Lisa Mikhail.

## CONSTRUCTION NEWS

The Parish Council has voted and agreed upon the two major construction projects (church lighting and new tile for the hall and hallways). The floor phase of the construction project is almost completed. Please watch your step as you admire the beautiful new floors. We are working diligently to have the social hall ready for your use as soon as possible. There will be **NO SCHEDULING** of events or activities during the construction project until further notice. Coffee hours will be on a week to week basis depending on the progress. Your cooperation and help would be greatly appreciated.

## Lil' PRAYER BUDDIES

The bookstore received our first shipment of "the Lil' Prayer Buddies," stuffed animals that say prayers. We have many choices for sale! Prices range from \$15.00-\$20.00.

## UPCOMING EVENTS

### HOLY BREAD LIST

April 10, Youssef Haddad  
April 17, (Open)  
April 23, Lazarus Saturday  
April 24, Palm Sunday

### COFFEE HOURLIST

Falafel Dinner  
  
Rosa & Sanaa (fried dough)  
Ferraro & Jubran families

To schedule Holy Bread and/or memorial, please contact Joannie Alevizos. It is completely proper to have more than one memorial or Holy Bread on a Sunday. *When signing up for Holy Bread, please indicate "yes" or "no" if you will also be providing coffee hour.* If you would like to host a coffee hour please contact Sanaa Jubran. It is important to *e-mail or call Fr. Tom AND Brigitte Khoury at [bgkstgeorge@gmail.com](mailto:bgkstgeorge@gmail.com) by Wednesday noon prior to the Sunday of your memorial, with your information in order to print the bulletin in a timely manner.*

### Providing Meals for U of M OCF

The Orthodox Christian Fellowship (OCF) chapter at the University of Minnesota is looking for people to potentially bring meals to meetings which we hold every other Thursday throughout the school year. The meetings are held at Saint Lawrence Catholic church (address is: 1203 5th St SE, Minneapolis, MN 55414). The meals typically consist of: a main course, a salad, a dessert, and some bottled water. I know most of you do not have a student at the U of M currently, but it would mean a lot to the OCF if you considered bringing a meal to share with the students! The dates available currently are: 4/7, and 4/21. If you are willing to do so please contact Jerrius Jubran at: [jubr0002@umn.edu](mailto:jubr0002@umn.edu) or via text/call: (651)285-2319.

### **The 2016 Summer Camp Scholarship Contest for 6<sup>th</sup>-12<sup>th</sup> grades!**

Open to our entire Pan-Orthodox Community! Two Camp scholarship coupons will be awarded in memory of Presbytera Mary Coniaris and James H. Zubulake. Camp registration fees will be rebated to two contest winners. The 2016 theme for camp is "Attitudes and Beatitudes." This year's essay question is, "*As an Orthodox Christian how can my Attitudes reflect the following Beatitude?*" (Please choose one of the Beatitudes from chapter 5 of the book of Matthew.)

There will be two divisions:

Junior Division- open to campers entering 6-8th grades fall 2016. Contestants are required to submit a 250- word (typed) essay on the theme.

Senior Division- open to campers entering 9th- 12th grades fall 2016. Contestants are required to submit a 500- word (typed) essay on the theme.

Entries must remain as close to the word limits (250 or 500) as possible.

**ENTRIES ARE DUE NO LATER THAN SUNDAY MAY 22, 2016.**

Please submit entries to: [frbenjamin@stmarysoca.org](mailto:frbenjamin@stmarysoca.org)

### **2016 MIDWEST PARISH LIFE CONFERENCE**

Please save the date: Wednesday, June 22 through Sunday, June 26, 2016 Parish Life Conference - The Basilica of St. Mary Livonia <[tolplc@antiochianevents.com](mailto:tolplc@antiochianevents.com), [Edward Village Michigan Hotel](http://EdwardVillageMichiganHotel.com), 600 Town Center Drive, Dearborn, Michigan 48126, (313) 592-3622. See flyer on Bulletin Board.

### **Announcing the 9th Annual St. George Middle Eastern Festival – 2016**

Our 9th Annual Middle Eastern Festival will be on July 15th, 16th and 17th, 2016. Please plan on joining us for a fun-filled weekend of fantastic food, great entertainment and the best hospitality in the Twin Cities! Silent auction, pastries and sweets, Middle Eastern marketplace and much, much more! Visit us online at [www.mideastfest.com](http://www.mideastfest.com) or on Facebook at [www.facebook.com/mideastfest](http://www.facebook.com/mideastfest).

### **SEE YOU AT THE FESTIVAL!**

### **BULLETIN ANNOUNCEMENTS**

If you would like to have an announcement published in the weekly bulletin, please note you must submit the information by **Wednesday NOON** before the Sunday you desire to have it in the bulletin. Please make sure the spelling of the names is correct.

### **KITCHEN USE**

The Parish Council has determined that anyone wishing to use the kitchen at any time **must** contact George Khoury to reserve their date and time on the kitchen calendar.

Please remember, if you host a coffee hour you need to clean up the kitchen, take home the used linens, wash and return them, wipe the tables, take out the trash bags and put them into the dumpster. This is everyone's responsibility. Please help to preserve our beautiful hall.